

GRADE - VII



K. L. E. SCHOOL DHARWAD

NAME :

HOW TO SUPPORT *YOUR CHILD'S* MENTAL HEALTH

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LOVE
Be there for your child and show care and love



EXERCISE
Encourage play, exercise and sport



BEHAVIOUR
Keep an eye out for any changes in behaviour



SUPPORT
Regularly support, encourage and praise your child



REST TIME
Help your child to manage stress by building in some rest time



BE PROUD
Tell your child that you are proud of them



PATIENCE
Be patient. Don't pressure your child



HELP
Don't be afraid to seek help from professionals



FEELING
Get to know how your child is feeling



EDUCATE
Educate yourself about mental health problems



PROBLEM SOLVING
Help your child to effectively problem solve



LISTEN
Make sure you take time to listen to what your child has to say



COPING
Help your child to learn some simple coping skills such as relaxation



SYMPTOMS
Be aware of signs and symptoms



CONVERSATION
Encourage your child to engage in conversation



ENVIRONMENT
Provide a positive environment for your child where they can thrive



HOW TO ENGAGE WITH KIDS

1 Bring up memorable moments in their lives.

2 Use their interests to help them learn.

3 Tell them stories from your life and childhood.

4 Ask them to teach you something they love or know well.

5 Share your love of a hobby or interest.

6 Teach them something new.

7 Talk about your dreams and goals.

8 Listen without always giving advice.

9 Ask questions that require more than a yes or no answer.

10 Try something new together.

tutor doctor
How learning hits home.

Hand Holding...



In true Education, anything that comes to our hands is as good as a book. We are providing handbook for all the parents and students to refer the whole academic year 's planning. The purpose of providing handbook is to allow the parents and students to get to know the syllabus, CCE activities, celebrations, curricular and co-curricular activities, visits and many more. Handbook makes it easier to look at the school schedule and plan accordingly.

INSTRUCTIONS AND GUIDELINES TO PARENTS

Change of Contact Information

The parents are requested to contact class teacher and Office for any change of address, telephone number, or e-mail address. It is vital that the school needs the above to contact the parents and guardians immediately in case of an emergency.

Student Illnesses and Accidents

School has an Accident Reporting Policy. That policy distinguishes between minor injuries/ailments and significant injuries/ailments. The school will attempt to make contact with parents/guardian only in the case of significant accidents.

Students who become ill or suffer an injury during school hours will be referred to a nurse or doctor in accordance with established procedures. If the illness or injury is very serious, an ambulance may be called. Fees resulting from the above will be the responsibility of the parent/guardian.

If it is necessary to send a student home during the school day, the school will contact the parent/guardian. The parent/guardian will then need to make arrangements to collect the student from school. Under exceptional circumstances, the Head of School may make other arrangements.

In the case of an extended period of absence due to illness or injury, parents should provide a doctor's note to the respective Coordinators.

- Parents/guardians should not send a student to the school when she/he is not well.
- Security

Security guards control entry and exit to the campus. School issues ID cards to students, Pick up cards for the parents & drivers. Students and parents need to show their ID cards at the entrance gate to the security guard.

Parents who wish to take a student from the school during school hours should inform the class teacher, relevant Coordinator and school office with pick up card. The student will be sent out of the school with the parent only in case of emergency.

Attendance

School is able to effectively deal with students only to the extent that the School has contact with them. School is a participatory process and students can only participate if they are there in the classroom with their teachers and fellow students. Courses tend to be structured in such away that one unit builds on work done in a previous unit. Missed school days can lead to a student falling behind.

To ensure effective continuation of studies and to ease the burden on the students and faculty, parents/guardians should review the school calendar before making travel plans. Parents/guardians are encouraged to take leave during school holidays. It is fully understood and appreciated that, because of employer leave arrangements, some children may be away when the school is in session.

Attendance at school is mandatory except for reasons of illness, bereavement or special circumstances approved by the relevant Coordinators. A student with less than 80% attendance during a school academic year may not receive grade for the course. This is to create the sense of Punctuality among the students. The backlog during absence has to be completed by the student on his own.

Change of Contact Information

The parents are requested to contact class teacher and office for any change of address, telephone number, or e-mail address. It is vital that the school needs the above to contact the parents and guardians immediately in case of an emergency.

Field Trips

Making the grade

Students active outside the classroom

do better inside the classroom

- Field trips are an important part of the student experience. One requirement of enrolment at our School is that the parents must sign a permission slip (Consent Letter) as and when required allowing their child(ren) blanket permission to participate in local field trips. The cost of field trips is often the responsibility of parents.
- The school organizes one week-long trip per year for Secondary Students. The week-long trip is not included in the school fees. Special effort is made to keep the cost of the trip modest and within the reach of all families. Attendance is strongly recommended.

Student Council:

The Student Council provides a voice for the students and gives them meaningful leadership opportunities. The Student Council suggests improvements, helps ensure that students make responsible decisions, and helps organize social and fund-raising events. The Student Council consists of a School Captain, Vice Captain, Discipline Captain, Cultural Captain, Sports Captain and Health & Hygiene Captain. Students of all the classes elect the members of the Student Council at the start of each year. Students Council consists of House Captains and Vice Captains for the Houses RED, BLUE, GREEN and YELLOW. House wise competitions will be held in the academic year. Hence all the students have to actively take part in the competitions and represent their House. This is to create the sense of healthy competition among the students.

Important Note :

Students should bring the School diary and the books as per the timetable to the school daily. Parents are requested to check the school diary on regular basis.

TRANSPORTATION

School provides a bus service that runs on various routes throughout the city for all students. Students are picked up between approximately 7:00am-8:00am and taken to drop-off points at the end of the school day. A student not participating in an After School Activity on a given day will be transported to her/his drop-off points, with the bus leaving the school Campus at around 3:25pm. A student participating in an After School Activity on a given day will be transported to her/his drop-off points, with the bus leaving the school Campus at around 4:00pm.

When making bus routes, there are two competing interests: having passengers walk short distances from/to their homes versus having short commuting times for all passengers on the bus. Pick-up/drop-off points are selected by balancing these competing interests.

School Bus Rules :

1. Be courteous
2. No Profanity.
3. Keep the bus clean.
4. Violence is prohibited.
5. Remain seated.
6. Keep your hands and head inside the bus.
7. Do not destroy property.
8. Do not eat or drink in the bus.

The school bus service is provided to children who are at least 3 years and whom the class teacher and the administration feel are ready to go on bus. Any change in their current bus stops will have to be emailed/ called up to the Transport Manager, so that he can look into the matter. Special requests at the last minute to change buses will not be accommodated, unless communicated in advance and only, if seats are available on that bus.

Students are expected to sit in their seats and not disturb others on the bus.

Suspension from using school transport will be enforced in any of the following situations :

- ❖ Use of inappropriate language
- ❖ Inappropriate behaviour while in the bus
- ❖ Disrespect to the monitors/drivers and support staff

First Offence : A warning letter to the parents

Second Offence : One day suspension off the bus

Third Offence : One week suspension off the bus

More than 3 : No school transport allowed for the rest of the academic year.

Each bus has a bus monitor. Students are expected to follow the instructions of the bus monitors and drivers and support staff.

Any special requests regarding transportation should be addressed to the Transportation In-charge

1) **Mr. Prakash** - 9980819307

2) **Mr. Ganesh** - 8746882266

Mode of payment

Parents are requested to pay the bus fees in the first week of June failing which child will not be allowed to board the bus. A receipt for the same will be provided in the school office after the payment.



SUB : ENGLISH
(Literature and Grammar)

Month	Subject	Subject Enrich Activity
April	Prose 1-The Rumphius Story –Barbara Cooney Poem 1- In the Bazaars of Hyderabad-Sarojini Naidu Nouns Articles Compound Adjectives	Create a poem on your own (Describe what you can touch, see, smell, hear the sound and taste) (Individual Activity)
June	Prose 2- The Ants Come Marching – Marjorie. J. Toal Prose 3- Suvira- Paro Anand Poem 2- Palm Tree- Rabindranath Tagore Phrasal Verbs Gerunds and Participle Tenses Rhyme scheme	Write an essay on -Ecological damage is the price we have to pay for the economic development (Individual Activity)
July	Prose 4- Uncle Podger Leaves for Work- Jerome . K. Jerome Prose 5- Tom Comes Home- George Eliot. Poem 3- If -Rudyard Kipling Subject- Verb Agreement Reciprocal Pronouns Poetic Device	Debate – Summer vacations should be shortened in schools. (Group Activity)
August	Prose 6- Achilles – Gerald MalcolmDurrel Poem 4-Against Idleness and Mischief – Isaac Wattes and How Doth the little crocodile- Lewis Carroll. Prelix and Sullix Interrogative Adverbs Parody	Write a Parody of a poem that you know by heart. (Individual Activity)
Sept.	Revision Half Yearly Exam	Revision
Oct.	Prose 7- The Sherpas –From the National Geographic Magazine Prose 8- Go Kiss the World- SubrotoBagchi Poem 5- Geography Lesson- Brian Patten Adjective and Prepositions Conjunctions Phrasal works	Write a short speech on – Money cannot buy lasting happiness.
Nov.	Prose 9- The Blue Umbrella – Ruskin Bond Prose 10- Settling into the Secret Annexe –Anne Frank Reported Speech Interrogative sentences Active and Passive voice	Draw an Umbrella and mention its parts. (Individual Activity)
Dec	Prose 11- The MCC –R K Narayan Poem 6- Stopping by Woods on a Snowy Evening-Robert Frost Subject and Predicate Phrases and Clauses	
Jan.	Prose 12- The Merchant of Venice- William Shakespeare(Drama) Adjectives of Quality Transformation of sentences.	Role paly (Group Activity)
Feb.	Revision	
March	Annual Examination	

SUB : KANNADA

ಅ.ಸಂ	ತಿಂಗಳು	ಘಟಕ/ಉಪಘಟಕ	ಯೋಜನೆ / ಚಟುವಟಿಕೆ	FA/SA portion
1	ಜೂನ್	1 ಪುಟ್ಟಜ್ಜಿ ಪುಟ್ಟಜ್ಜಿಕೆ ಹೇಳು(ಗದ್ಯ) 2 ಗಿಡಮರ(ಪದ್ಯ) 3.ಬಸವಣ್ಣನವರ ಜೀವನ ದರ್ಶನ(ಪೂ.ಪಾ) ವ್ಯಾಕರಣ 1 ಕನ್ನಡ ವರ್ಣಮಾಲೆ 2 ಕನ್ನಡ ಸಂಧಿಗಳು	ನಿಮ್ಮ ಅಜ್ಜಿ ಹೇಳಿರುವ ಕಥೆಗಳನ್ನು ಸಂಗ್ರಹಿಸಿ, ಅಲ್ಲೂ ತಯಾರಿಸಿ ಪಂಚತಂತ್ರದ ಕಥೆಗಳನ್ನು ಓದಿರಿ. ಸಂಧಿಗಳನ್ನು ಉದಾಹರಣೆ ಸಹಿತ ವಿವರಿಸಿ.	
2	ಜುಲೈ	4 ಸೀನ ಸೆಟ್ಟರು ನಮ್ಮ ಟೀಚರು (ಗದ್ಯ) 5 ಸ್ವಾತಂತ್ರ್ಯ ಸ್ಮರಣ(ಪದ್ಯ) 6 ಈ ಭೂಮಿ ಬಣ್ಣದ ಬುಗುರಿ ವ್ಯಾಕರಣ 3 ನಾಮಪದಗಳು 4 ಲಿಂಗಗಳು 5 ವಚನಗಳು	ನಮಗೆ ತುಂಬಾ ಇಷ್ಟವಾದ ಗುರುವಿನ ಬಗ್ಗೆ ಬರೆಯಿರಿ. ರಾಷ್ಟ್ರೀಯ ಹಬ್ಬಗಳ ಬಗ್ಗೆ ಬರೆಯಿರಿ ನಾಮಪದಗಳ ಪಟ್ಟಿ ತಯಾರಿ	PT-1
3	ಆಗಸ್ಟ್	7 ಅನ್ನದ ಹಂಗು, ಅನ್ನದ ಸ್ವತ್ತು (ಗದ್ಯ) 8 ಭಾಗ್ಯದ ಬಳಿಗಾರ(ಪದ್ಯ) 9 ಸಾವಿತ್ರಿಬಾಯಿ ಪುಲೆ.(ಪೂ.ಪಾ) ವ್ಯಾಕರಣ 6 ವಿಭಕ್ತಿಗಳು	ಮಹಾಭಾರತದ ಕಥೆಗಳನ್ನು ಓದಿರಿ. ಜನಪದ ಹಾಡುಗಳನ್ನು ಸಂಗ್ರಹಿಸಿ. ವಿಭಕ್ತಿಗಳನ್ನು ಬರೆಯಿರಿ.	PT-2
4	ಸೆಪ್ಟೆಂಬರ್	10 ಪರಿಸರ ಸಮತೋಲನ(ಗದ್ಯ) 11 ವಚನಗಳ ಭಾವಸಂಗಮ (ಪದ್ಯ) ಪುನರಾವಲೋಕನ	ಪರಿಸರ ಸಮತೋಲನತೆಯ ಪ್ರಾಮುಖ್ಯತೆಯ ಕುರಿತು ಬರೆಯಿರಿ ಬಸವಣ್ಣನವರ ವಚನಗಳನ್ನು ಬರೆಯಿರಿ ಪುನರಾವಲೋಕನ	
5	ಅಕ್ಟೋಬರ್			
6	ನವೆಂಬರ್	12 ಮೈಲಾರ ಮಹಾದೇವ(ಗದ್ಯ) 13 ಹೆಚ್ಚೇವು ಕನ್ನಡ ದೀಪ (ಪದ್ಯ) 14. ರಮ್ಯ ಸೃಷ್ಟಿ	ಸ್ವಾತಂತ್ರ್ಯ ಹೋರಾಟಗಾರರ ಕುರಿತಾಗಿ ಬರೆಯಿರಿ. ಈ ಪದ್ಯವನ್ನು ರಾಗಬದ್ಧವಾಗಿ ಹಾಡಿರಿ.	PT-3
		ವ್ಯಾಕರಣ 7 ಸಮಾಸಗಳು 8 ಕೃದಂತಗಳು 9 ನುಡಿಗಟ್ಟುಗಳು	ಸಮಾಸಗಳ ಕುರಿತಾಗಿ ಬರೆಯಿರಿ	
7	ಡಿಸೆಂಬರ್	15 ಚಿಗಲಿ ಇರುವೆ(ಗದ್ಯ) 16 ಬಿಡುಗಡೆಯ ಹಾಡು(ಪದ್ಯ) 17 ನನ್ನ ಅಯ್ಯ ವ್ಯಾಕರಣ 10 ನಾನಾರ್ಥಗಳು 11 ಅಲಂಕಾರಗಳು 12 ಛಂದಸ್ಸು	ಅಲಂಕಾರಗಳನ್ನು ಉದಾಹರಣೆ ಸಹಿತ ವಿವರಿಸಿ.	
8	ಜನವರಿ	18 ಬಿಲ್ಲು ಹಬ್ಬ(ಗದ್ಯ) 19 ತಿರುಕನ ಕನಸು(ಪದ್ಯ) 20 ಅಭಿಮನ್ಯುವಿನ ಪರಾಕ್ರಮ ವ್ಯಾಕರಣ 13 ಗಾದೆಗಳು 14 ಪತ್ರಲೇಖನ 15 ಪ್ರಬಂಧರಚನೆ	ವಿದ್ಯಾರ್ಥಿಗಳಿಂದ ಈ ನಾಟಕವನ್ನು ಮಾಡಿಸುವುದು. ವೈಯಕ್ತಿಕ ಪತ್ರವನ್ನು ಬರೆಯುವುದು. ಪತ್ರವನ್ನು ಪೋಸ್ಟಾಡರ್ನಲ್ಲಿ ಬರೆಯಿರಿ	PT-4
9	ಫೆಬ್ರುವರಿ		ಪರೀಕ್ಷಾ ಸಿದ್ಧತೆ	
10	ಮಾರ್ಚ್	ವಾರ್ಷಿಕ ಪರೀಕ್ಷೆಗಳು		

SUB : HINDI

Sr No	Month	Unit / Sub Unit	Practical Activity
१	अप्रैल	१) नदी	
		२) यह मेरा: यह मीत का	मौल्याधारित कहानी लेखन
२	जून	३) मिटाईवाला	
		४) सरफरोशी की तमन्ना	
		५) पहली बूँद	
३	जुलाई	६) स्नेह पगी पाती	
		७) निष्पुत्र अनुकंपा	
४	अगस्त	८) लीक पर वे चले	महान व्यक्तियों के जीवन के बारे में अनुच्छेद लेखन
		९) वृत्तचित्रों की दुनिया	
५	सितंबर	१०) राखी का मूल्य	राज्य की सुरक्षा संबंधित राजा और मंत्री गण के बीच संवाद लेखन लिखिए।
		११) अद्वितीय पूर्वोत्तर भारत	
६	अक्टूबर	१२) सूरदास के पद	
		१३) समययान	पत्र लेखन
७	नवंबर	१४) नमक का दरोगा	
		१५) तूफानों की ओर	
८	दिसंबर	१६) सुश्रुत	मुफ्त चिकित्सा के बारे में विज्ञापन तैयार कीजिए।
		१७) तीन प्रश्न	
९	जनवरी	१८) जयगान	
	फरवरी	पुनरावर्तन	
	मार्च	परिक्षा	

SUB : MATHEMATICS

Sl. No	Month	Unit/Sub Unit	Subject Enrichment activity
1	April	1) Integers: 6) Exponents & powers:	
2	June	2) Fractions & Decimals: 3) Simple Equations:	Lab Activity: Finding the value of 2^0 , 2^1 , 2^2 or 3^0 , 3^1 , 3^2
3	July	7) Algebraic Expressions:	Lab Activity: Simplification of identities in Math Lab
4	August	1) Rational Numbers 5) Comparing Quantities	Lab Activity: Representation of Rational numbers on the number line in Math Lab.
5	September	8) Perimeter & Area	
6	October	9) Lines & Angles	
7	November	10) Triangles & its Properties 11) Congruence of Triangles	
8	December	12) Practical Geometry 14) Data Handling	
9	January	13) Symmetry: 15) Visualizing Solid Shapes:	Lab Activity: Creating different designs on types of symmetry in day today life.
10	February	Revision for Annual Exams	
11	March		

SUB : SCIENCE

Sl.No.	Month	Unit/Sub unit	Subject Enrichment Activity
1	April	1. Nutrition in Plants	Lab activity : A temporary mount of a leaf to observe stomata
		2.Nutrition in Animals	Design a model of the human digestive system and explain
2	June	3. Fibre to Fabric	Visit a silk production unit and write a report.
		4. Thermal Energy and Heat	Visit to physics lab
		7. Weather, climate and adaptations in Animals	
3	July	7. Weather, climate and adaptations in Animals continued	Seminar on "Adaptations on animals"
		5. Acids, Bases and Salts	Lab activity: To Test for acids and bases using litmus paper, that we use in day to day life.
		13. Time and Motion	Visit to physics lab to demonstrate simple pendulum
4	August	10. Respiration in Organism	Visit to bio lab: To study respiratory organs of different animals
		6. Physical and Chemical changes	Lab activity: Demonstration of physical and chemical change
		14. Electric Current and its effects	Seminar on the advantages and disadvantages of using CFL over electric bulbs
	September	Revision for half yearly exam	
		Half yearly exam	
5	October	Midterm holidays	
		15. Light	
		11. Transport of substances in plants and animals	Group Activity: To show transportation of water through xylem tissue in Balsam plant & write a report on performed activity.
		18. Wastewater story	
6	November	11. Transport of substances in plants and animals continued	Visit to bio lab to study model of heart
		8. Winds storms and cyclones	
		9. Soil	
		16. Water	Model of water cycle
		12. Reproduction in plants	Encourage the students to read the science section in newspaper, cut out facts related to tissue culture and make a collage
7	December	17. Forests-our Life	Role play o food web
		Revision	
8	January	Exam	
9	February	Revision for annual exam	
10	March	Annual exam	

SUB : SOCIAL SCIENCE

Sl.No	Month	Unit/Sub Unit	Subject Enrichment activity
1	April	1.When, Where and How 11.Our Environment	
		26.Story of Democracy 2.NewKingdom	
		12..Interior of the Earth	Model- Structure of the earth
		Summer Holidays	
2	June	13. Earth movements and major Landforms. 28. Institutional Representation of Democracy	Map work- mark all the volcanoes and earthquake zones on the world map.
		27.What is Democracy 29.Government in States	
		3.Delhi Sultans	
		14.Atmosphere	
3	July	5.Architecture as power 15. Elements of weather	Collect the pictures of monuments of India and stick them in your scrap book.
		16. Atmospheric Pressure and Winds	
		30.Role of the state Government in Distribution of Resources	Collect information and present the different programs adopted by the state government.
		Revision	
4	August	4.Mughal Empire	
		17. Humidity and Rainfall 31.Media and Democracy	
		18.Water-Fresh and Saline	
		Revision for Half Yearly Exam	
5	September	Revision for Half Yearly Exam	
		Half Yearly Exam/ Periodic Test-2	
		Annual Sports	
6	October	Mid-term Holidays	
		6. Cities, Traders and Craftspeople 19.Ocean water and its Circulation	
7	November	32. Advertising. 33. Role played by Gender.	Write 3 slogans on gender equality.
		7. Development in Tribal Communities. 20. Natural Vegetation and wildlife.	
		34. Unpacking Gender. 8. Religious ideas and Movements.	Collect -Dohas,Vachanas
		10. New Political Formations in the 18 th century.	
		21.The Human Environment – Settlement.	
8	December	9. Flowering of Regional and culture.	
		35. Market around us. 24. Life in Tropical and Subtropical Regions.	
		Annual day Celebration	
		36. Wholesale market.	
9	January	22.Transport and communication, 23. Life in Desert Regions.	
		25. Life in the Temperate Regions	
10	February	Revision for Annual Exams	
11	March	Revision	
		Annual Exams	
		Annual exams Result	

SUB : MUSIC

PARTICULARS		
MONTH	THEORY	PRACTICAL
June & July	<ul style="list-style-type: none"> • Introduction to music • Some basic concepts (Swar, Saptak etc.,) • Environment song 	<ul style="list-style-type: none"> • Practice of alankaras & Sargamageet • Practice of Patriotic songs
August & September	<ul style="list-style-type: none"> • Introduction of folk song, patriotc song, dasarapada. 	<ul style="list-style-type: none"> • Practice of songs • Practice of bhajan & dasarapada.
October & November	<ul style="list-style-type: none"> • Introduction of some more styles in music like tarana, drupad etc., • Biography of famous musicians 	<ul style="list-style-type: none"> • Practice of Bhajans • Practical demonstration of tarana's • An assignment for students
December & January	<ul style="list-style-type: none"> • Knowledge of Taal's like Teental, Jhaptal, Ek-taal • Introduction of Harmonium (instrument) 	<ul style="list-style-type: none"> • Practical demonstration of taals • Practice of Vachanas
February & March	<ul style="list-style-type: none"> • Revision 	<ul style="list-style-type: none"> • Revision

SUB : ART & CRAFT

Teacher : Ningappa M. D.

Class & Section	Topics
	7th Standard
April/June	Introduction of Colours
	Madhubani Art
	Face Drawing
	1 Craft Work
July	Vegetable Drawing
	Memory Drawing
	Under Water Life
	1 Craft Work
August	Nature Drawing
	Lettering
	Free Hand Drawing
	1 Craft Work
September	Teacher's Day Greeting
	Animal Figures
	Memory Drawing
	1 Craft Work
October	Geometrical Drawing
	Pahuri Art
	Imaginary Drawing
	1 Craft Work
November	Poster Work
	Geometrical Design
	Memory Drawing
	1 Craft Work
December	Landscape
	Picture on X-Mas
	Free Hand Drawing
	1 Craft Work
January	Lettering
	Madhubani Art
	Animal Drawing
	1 Craft Work
February	Collage Art
	Landscape
	Memory Sketches
	1 Craft Work

SCHOOL TIMING

PRE-PRIMARY
Monday to Friday
9.00 am to 1.15 pm



Grade: I to X
Monday to Friday
9.00 am to 3.30 pm
Saturday
9.00 am to 12:55 pm

TIME SCHEDULE 2019-2020

GRADE I TO X
MONDAY TO FRIDAY

TIME	PERIOD	DURATION
09:00 am to 9:20 am	Assembly	20 Mins
09:20 am to 9:55 am	Zero Period (Reading Hour)	35 Mins
09:55 am to 10:30 am	I period	35 Mins
10:30 am to 10:40 am	Short break	10 Mins
10:40 am to 11:15 am	II period	35 Mins
11:15 am to 11:50 am	III Period	35 Mins
11:50 am to 12:25 pm	IV period	35 Mins
12:25 pm to 01:00 pm	V period	35 Mins
01:00 pm to 01:30 pm	Lunch break	30 Mins
01:30 pm to 02:05 pm	VI period	35 Mins
02:05 pm to 02:40 pm	VII period	35 Mins
02:40 pm to 03:15 pm	VIII period	35 Mins

SATURDAY

TIME	PERIOD	DURATION
09:00 am to 09:50 am	Assembly and MD	50 Mins
09:50 am to 10:20 am	I Period (G.K)	40 Min
10:20 am to 10:35 am	Short break	15 Mins
10:35 am to 11:10 am	II Period (V.E)	35 Mins
11:10 am to 11:45 am	III Period	35 Mins
11:45 am to 12:20 pm	IV period (Activity)	35 Mins
12:20 pm to 12:55 pm	V period (Activity)	35 Mins

CLASS TIME TABLE

GRADE :							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
8							
7							
6							
LUNCH BREAK							
5							
4							
3							
2							
SHORT BREAK							
1							
ASSEMBLY AND READING PERIOD							
DAY/PERIOD	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	

HOMWORK TIMETABLE

DAYS	I	II	III	IV	V	VI	VII	VIII	IX	X
Monday	English	English	Math	Math	English	English	Math	Math	Math	Math
Tuesday	Kannada	Kannada	SST	SST	Math	Math	English	English	English	English
Wednesday	Hindi	Hindi	Kannada	Kannada	Science	Science	Hindi	Hindi	Hindi	Hindi
Thursday	Math	Math	Hindi	Hindi	Kannada	Kannada	SST	SST	SST	SST
Friday	EVS	EVS	Science	Science	Hindi	Hindi	Kannada	Kannada	Kannada	Kannada
Saturday	Math	Math	English	English	SST	SST	Science	Science	Science	Science

HOMWORK :

At the school, we regard homework as an integral part of the curriculum – it is planned and prepared alongside all other aspects of learning. Parents can go through the Hand book for the same.

Purpose of Homework :

- Reinforcement of the day/week's lesson and content;
- Expanding on the skills and content learned from class;
- Self practice;
- Instill a sense of responsibility;
- Instill time management skills;
- Practice for independent study skills.

Guidelines :

Homework will be set at the teacher's discretion when deemed necessary. The estimated time allotted to complete a set homework should be proportional to the number of days between the setting and the submission of the homework.

Responsibilities :

- Parents are responsible for checking the completion of homework. Parents must also provide a peaceful and monitored environment where a child may do their homework.
- Students must access the Home work Timetable in the diary on a daily basis and turn in their homework on time, completed to the best of their ability. The work must be individual unless stated otherwise.

- Teachers will set relevant and appropriate homework when deemed necessary and provide constructive feedback to the students. The homework must be meaningful and of quality.
- We ask that parents monitor their child's work to ensure that they are coping with the demands of homework, and that they are completing work to a high standard.

Late submissions :

Teachers expect homework to be done properly and punctually. Failure to do homework is treated seriously and when homework is missed consistently, the subject teacher will notify parents and decide on an appropriate course of action.

Steps to follow with students who have not completed homework :

1. 1st incomplete homework : verbal caution
2. 2nd incomplete homework : verbal caution + email sent to parents
3. 3rd incomplete homework : meeting with parents to discuss the students' attitude towards learning.

**Class Teachers and In-charge class teachers list
for the Academic Year (2019-20)**

Sl.No.	Class	Class Teacher	Incharge teacher
1	I A(Canopus)	Miss. Bhagyashri	Mrs. Kavita
2	I B(Capella)	Mrs. Radhika	
3	I C(Castor)	Mrs.Manjula	
4	II A(Canopus)	Mrs. Hema	Mrs. Arati
5	II B(Capella)	Mrs. Noorin	
6	II C(Castor)	Mrs. Akshata	
7	III A(Canopus)	Mrs. Uma	Mr. Ningappa
8	III B(Capella)	Mrs. Chethana	
9	III C(Castor)	Mrs. Parvati	
10	IV A(Canopus)	Miss Afreen	Mr . Ganesh
11	IV B(Capella)	Mrs. Vinuta	
12	V A(Canopus)	Mrs. Annapurna	Ms. Deepa
13	V B(Capella)	Mr. Santosh	
14	VI A	Mrs. Sangeeta	Mr. Siddu
15	VI B	Mr. Chetankumar	
16	VII A	Miss. Mamata	Mrs. Akkamma
17	VIII A	Mrs. Pavan	Mrs. Akkamma
18	VIII B	Mrs. Shubhalaxmi	
19	IX	Mrs. Shridevi	Mrs. Malashree
20	X	Mrs. Tejashwini	Mrs. Malashree

ACADEMIC CO-ORDINATORS



Sl.No.	Grades	Name of the Co-ordinator
1.	I & II	Mrs. Rajeshwari Sheegihallimath
2.	III & IV	Mrs. Maheshwari Sobarad
3.	V & VI	Mrs. Vijayalaxmi Aralikatti
4.	VII & VIII	Mrs.Renuka Kalawad
5.	IX & X	Mr. Saleemalik Makandar

List of Subject Teachers for Grade _____

Class Teacher :

Incharge Class Teacher:

Coordinator:	
English	
Kannada	
Hindi	
Mathematics	
EVS	
Computer	
General Knowledge	
Value Education	
Art and Craft	
Physical Education	
Music	
Library	
Taekwondo	
Yoga	

LIST OF COORDINATORS FOR THE YEAR 2019-20



Sl.No.	Coordinators	Name of the teachers
1.	CBSE Coordinator	Mr. Saleem & Mrs. Meera
2.	Admission Committee	Academic Co-ordinators
3.	Xseed Coordinator	Mrs. Vijayalaxmi
4.	Handbook Coordinator	Mrs. Vijayalaxmi and Mrs. Maheshwari
5.	India Exams	Mr. Ganesh and Mrs. Meera
6.	Interact Club	Mrs. Renuka
7.	Scouts & Guides Coordinators	Ms. Sharon and Mrs. Radhika
8.	NCC Coordinators	Mrs. Malashree
9.	Picnic Coordinators	Mrs. Shridevi
10.	Substitution Coordinator	Mrs. Parvati
11.	Heritage Coordinator	Mrs. Arati and Mrs. Akshata
12.	Assembly Coordinator	Mrs. Shubhalaxmi
13.	Music Coordinator	Mrs. Kavita
14.	Advertisement and report maintaining Coordinator and Magazine Coordinator	Mrs. Arati , Mrs. Sangeeta (Kan), Mrs. Tejashwini (Eng), Mrs. Akkamma (Hindi)
15.	Discipline Coordinator	All Teaching Staff
16.	Sports Coordinator	Mr Siddu
17.	Cultural Coordinator	Mrs. Akkamma
18.	Examination Coordinator	Ms. Mamata and Mrs. Noorin (Mr. Ningappa, Mrs. Annapoorna, Mrs. Uma, Mrs. Sangeeta, Mrs. Shridevi, Ms. Manjula)
19.	Time-table Coordinator	Mrs. Parvati and Mrs. Meera
20.	School Van/Bus & KSRTC In charge	Mr. Ganesh and Male staff
21.	Symphony In-charge	Mrs. Kavita
22.	Investiture/Exhibition/Carnival/Annual Day	All staff
23.	Asset Coordinator	Mrs. Rajeshwari
24.	Young Buzz Coordinator	Mr. Saleem
25.	Workshop Coordinator	Pre-Primary teachers
26.	Field Trips/Rally's/ Coordinator	Mrs. Shridevi and Ms. Deepa
27.	Competitive Exam	Mr. Chetan and Mr. Santosh
28.	Math Buddy	Mrs. Vijayalaxmi
29.	Open Door	Mr. Saleem

VISITING HOURS



Principal	: With prior appointment only
Office hours (Parents)	: Monday to Friday 11.00 am to 3.00 pm
Academic Co-ordinators	: Thursday between 3.30 pm to 4.00 pm
Class Teacher/ In-charge class teacher	: Monday and Tuesday between 3.30 p.m. to 4.00 p.m.

If I have Where do I go?

- An academic issue Class teacher and the relevant Coordinator.
- Social and Emotional concern lass teacher and the relevant Coordinator.
- A Late in the morning PE Teacher and Class teacher.
- After School Activities Respective Coordinator/PE Teacher.
- To leave the school permanently/Admissions Office Staff.

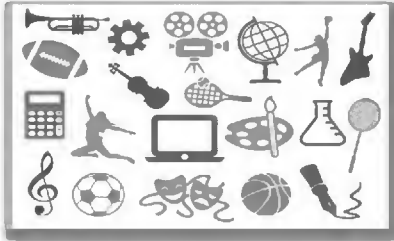
If I want to Where do I go?

- Ask for excused absence Class teacher and Coordinator.
- Study Certificate/Bus Pass Office Staff.
- Leave school because I'm feeling sick Class teacher, Coordinator and the Principal.
- Go in a bus after an activity PE teacher and Coordinator.
- Sign up to use the bus Office Staff and PE Teacher.
- Get a new school ID Class teacher.

List of Holidays 2019-20

Sl.No.	Date & Month	Days	Event
1	14th April 2019	Sunday	Dr. B. R. Ambedkar Jayanti
2	17th April 2019	Wednesday	Mahaveer Jayanthi
3	19th April 2019	Friday	Good Friday
4	01st May 2019	Wednesday	May (Labour) Day
5	07th May 2019	Tuesday	Basava Jayanthi
6	05th June 2019	Wednesday	Khutub-E-Ramzan
7	12th August 2019	Monday	Bakrid
8	15th August 2019	Thursday	Independence day
9	02nd September 2019	Monday	Ganesh Festival
10	10th September 2019	Tuesday	Last Day of Moharam
11	28th September 2019	Saturday	Mahalaya Amavasye
12	02nd October 2019	Wednesday	Gandhi Jayanthi
13	07th October 2019	Monday	Mahanavami, Ayudapooja
14	08th October 2019	Tuesday	Vijaydashami.
15	13th October 2019	Tuesday	Maharishi Valmiki Jayanti
16	27th October 2019	Sunday	Narak Chaturdashi
17	29th October 2019	Tuesday	Balipadyami, Deepavali
18	01st November 2019	Friday	Kannada Rajyothsava
19	10th November 2019	Sunday	Id-E-Milad
20	15th November 2019	Friday	Kanakadasa Jayanthi
21	25th December 2019	Wednesday	Christmas Day
22	01st January 2020	Wednesday	New Year
23	15th January 2020	Wednesday	Makara Sankranti
24	26th January 2020	Sunday	Republic Day
25	21st February 2020	Friday	Mahashivaratri
26	25th March 2020	Wednesday	Ugadi
27	06th April 2020	Monday	Mahavir Jayanti
28	10th April 2020	Friday	Good Friday
29	25th April 2020	Saturday	Basav Jayanti
30	01st May 2020	Friday	May (Labour) Day

LIST OF LAB AND DEPARTMENT INCHARGE TEACHERS



Sl.No.	Lab and Department	Name of the teacher
1.	Library	Mrs. Arati
2.	Computer Lab 1 & 2	Ms. Bhagyashree & Mr. Ganesh
3.	Sports - room	Mr. Siddu
4.	Music Room	Mrs. Kavita
5.	Art & Craft Room	Mr. Ningappa
6.	Exam Department	Ms. Maheshwari
7.	English Department	Mrs. Renuka K.
8.	Kannada Department	Mrs. Shubhalaxmi
9.	Hindi Department	Mrs. Shridevi
10.	Mathematics Department	Mr. Vijayalaxmi
11.	Physics Department	Mr. Saleem
12.	Chemistry Department	Mr. Radhika
13.	Biology Department	Mrs. Rajeshwari
14.	Social Science Dept.	Mrs. Maheshwari

CO-CURRICULAR ACTIVITIES 2019-20



Month/Grades	I & II	III & IV	V & VI	VII & VIII	IX & X
June	Time table Decoration (Class wise)	Time table Decoration (Class wise)	Time table Decoration (Class wise)	Time table Decoration (Class wise)	Time table Decoration (Class wise)
July	Recitation in English (Individual)	Kitchen gardening (House wise)	Kitchen gardening (House wise)	Aerobics dance (House wise)	Aerobics dance (House wise)
August	Colouring a cartoon character (Individual)	Book mark (Individual)	Kite making (Individual)	Stone Art (Individual)	Stone Art (Individual)
September	Recitation in Hindi (Individual)	Recitation in Hindi (Individual)	Food with out fire (Individual)	Radio jockey (Individual)	News reading in Hindi (Individual)
November	Moral Story telling (Individual)	Vachan gayan (Individual)	Arti thali making (Individual)	Folk song (House Wise)	Science PPT Presentation (House wise)

Competitions for Parents and Teachers

Sl.No.	Date and Month	Events	Group
1	29 th June 2019	Games	Father
2	30 th November 2019	Athletics	Mother
3	19 th November 2019	Sports	Teacher

LIST OF CELEBRATIONS 2019-20

Sl.No.	Dates	Days	Celebrations	In-charge teachers
1	3 rd June 2019	Monday	School Re-Opening Day /Saraswati Pooja	Assembly Dept and Cultural Dept
2	4 th June 2019	Saturday	Ramzan	Cultural Dept
3	6 th June 2019	Thursday	World Environment Day	Science Dept
4	12 th June 2019	Wednesday	Parliament Election	Mrs. Maheshwari
5	17 th June 2019	Monday	Kabirdas Jayanti	Cultural Dept.
6	21 st June 2019	Friday	International Yoga Day	Mr. Shivakumar and Assembly Dept.
7	26 th June 2019	Wednesday	Inauguration of Cultural Activities and Interact Club	Mrs. Maheshwari And Interact Club incharge
8	1 st July 2019	Monday	Doctor's Day	Science Dept
9	26 th July 2019	Friday	Kargil Victory Day	VIII & IX Students
10	1 st August 2019	Thursday	Birthday of Dr. Prabhakar Kore Daan-Utsav	Cultural Dept Class-Pre-primary, V-X
11	6 th August 2019	Tuesday	Parliament Mock Session	Social Science Dept
12	9 th August 2019	Monday	Quit India Day/ Nagasaki day	Mrs. Renuka Assembly Dept
13	14 th August 2019	Wednesday	Annual Exhibition(Theme-Education system) Grades:-V- IX	Cultural Dept
14	15 th August 2019	Thursday	Independence Day (Grades: Pre-Primary -IV)	Cultural Dept
15	22 nd August 2019	Thursday	Krishna Janmashtami	Grade VI & VII Students Cultural Dept
16	29 th August 2019	Thursday	National Sports Day	Sports Dept
17	30 th August 2019	Friday	Ganesh Chaturti	Grade V Students
18	5 th Sept. 2019	Thursday	Teacher's Day	Cultural Dept
19	14 th Sept. 2019	Saturday	National Hindi Divas	Cultural Dept & Hindi Dept
20	1 st October 2019	Tuesday	International Oldage Day	Cultural and Grade X Students

21	2 nd October 2019	Wednesday	Gandhi and Lal Bahaddur Shashtri Jayanti	Cultural Dept
22	14 th October 2019	Monday	Valmiki Jayanti	Cultural Dept
23	1 st Nov. 2019	Friday	Karnataka Rajyotsava	Kannada Dept
24	12 st Nov. 2019	Tuesday	Guru Nanak Jayanti	Cultural Dept
25	13 th Nov. 2019	Wednesday	KLE Founders Day and Daan Utsav	Class and Cultural Dept Class- I,II,III,IV
26	14 th Nov. 2019	Thursday	Children's Day / Carnival	Cultural Dept and Maheshwari
27	15 th Nov. 2019	Friday	Kanakadas Jayanti,	Mrs. Shubhalaxmi
28	26 th Nov. 2019	Tuesday	Indian Constitution Day	Social Science Dept
29	1 st Dece. 2019	Sunday	World AIDS Day	Science Dept
30	04 th Dece. 2019	Wednesday	Indian Navy Day	Cultural Dept
31	10 th Dece. 2019	Tuesday	World Human Rights Day	Social Science Dept
32	22 nd Dece.2019	Sunday	National Mathematics Day	Math Dept
33	24 th Dece.2019	Tuesday	Christmas & New Year	Cultural Dept
34	10 th January 2020	Friday	Lingaraj Jayanti	Cultural Dept
35	12 th January 2020	Sunday	National Youth Day/ Swami Vivekanand JAYANTI	Cultural Dept
36	26 th January 2020	Sunday	Republic Day/ Symphony	Mrs.Kavitha Mrs Malashri Mr. Siddu
37	30 th January 2020	Thursday	Martyr's Day	Cultural Dept
38	4 st February 2020	Tuesday	Farewell for grade X	Cultural Dept & Grade IX
39	28 th February 2020	Friday	World Science Day	Science Teachers
40	14 th April 2020	Monday	Ambedkar Jayanti	Cultural Dept

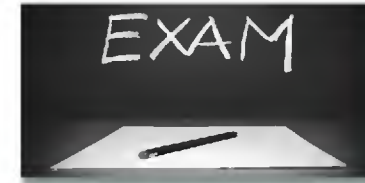
WALL MAGAZINE



Wall Board Decoration

SI.No.	Month	THEME
1.	June	Yoga [Physical and mental health]
2.	July	Tribute to soldiers
3.	August	Future India
4.	September	Socially useful productive work
5.	November	Cyber awareness
6.	December	Writing news paper articles

EXAM SCHEDULE



SI.No.	Tests/Examinations	Dates
1.	Unit Test	July 9, 10, 11
2.	Pre-Midterm Examination	August 27, 28, 29
3.	Midterm Examination	September 24, 25, 26, 27, 28, 29, October 1
4.	Unit Test	November 27, 28, 29
5.	Post Midterm Examination	January 16, 17, 18
6.	Annual Examination	March 5, 6, 7, 8, 9, 11, 12

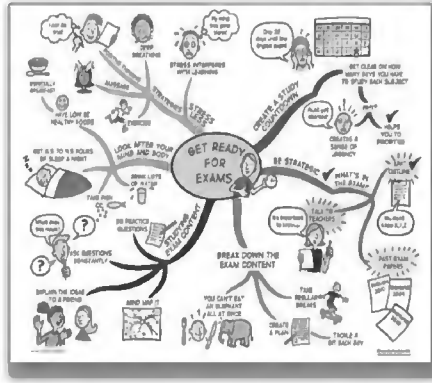
Vacations (Tentative)



SI.No.	Holidays	Dates
1.	Dasara Holidays	4th Oct 2019 to 10th Oct 2019
2.	Deepavali Holidays	25th Oct 2019 to 3rd Nov 2019
3.	Winter Break	29th Dec 2019 to 5th Jan 2020

Note : The above dates are tentative; there could be a possibility of minor changes.

EXAMINATION PATTERN



ASSESSMENT PATTERN 2019-20

Examination	Marks Distribution
Annual Exam	80
Periodic Test and Multiple Assessments	10 (Converted)
Portfolio	05
Subject Enrichment Activities	05
Total	100

Unit Test Max. Marks : 25

DATES	TIMING	I & II	III & IV	V & VI	VII & VIII	IX	X
08-07-19	09:15am to 10:45am	EVS	English	Kannada	Math	Math	Math
08-07-19	11:30am to 01:00pm	English	SST	SST	English	Kan/Hindi	Kan/Hindi
09-07-19	09:15am to 10:45am	Math	Math	English	Science	English	Science
09-07-19	11:30am to 01:00pm	Kannada	Kannada	Math	Kannada	Science	English
10-07-19	09:15am to 10:45am	Hindi	Science	Hindi	SST	SST	SST
10-07-19	11:30am to 01:00pm	Dict/Tables	Hindi	Science	Hindi		

Pre Midterm Examination Max. Marks: 40

DATES	TIMING	I & II	III & IV	V & VI	VII & VIII	IX	X
26-08-19	09:15 am to 10:45 am	Math	Kannada	English	Math	Math	Math
26-08-19	11:30 am to 01:00 pm	Kannada	Science	Math	English	Kan/	Kan/
27-08-19	09:15 am to 10:45 am	English	English	Kannada	Science	Hindi	Hindi
27-08-19	11:30 am to 01:00 pm	EVS	SST	Science	Kannada	English	Science
28-08-19	09:15 am to 10:45 am	Hindi	Math	Hindi	SST	Science	English
28-08-19	11:30 am to 01:00 pm	Dict/Tables	Hindi	SST	Hindi	SST	SST

Dates/Grades	Timing	V & VI	III & IV	II & I	VII & VIII	IX	X
16-01-20	9: 15 am to 10: 45am	Science	Math	Hindi	Hindi	Math	English
16-01-20	11:30 am to 1:00 pm	English	Science	Math	Science	English	Math
17-01-20	9: 15 am to 10: 45am	Kannada	Kannada	English	Science	Kan/Hindi	Kan/Hindi
17-01-20	11:30 am to 1:00 pm	EVS	SST	EVS	English	Science	SST
18-01-20	9: 15 am to 10: 45am	Kannada	English	Kannada	Kannada	SST	Sciences
18-01-20	11:30 am to 1:00 pm	Dic/Tables	Hindi	Dic/Tables	SST		

Post Midterm Examination Max. Marks: 40

Mid Term Examination: Max. Marks: 80

Dates	Timing	I & II	III & IV	V & VI	VII & VIII	IX	X
23-09-19	9 am to 12noon	Hindi	Kannada	Math	Kannada	Math	Math
24-09-19	9 am to 12noon	Math	English	Kannada	Science	SST	SST
25-09-19	9 am to 12noon	Kannada	Hindi	English	SST	English	Science
26-09-19	9 am to 12noon	English	Math	SST	English	Kan/Hindi	Kan/Hindi
27-09-19	9 am to 12noon	EVS	SST	Hindi	Math	Science	English
30-09-19	9 am to 12noon	Dic/Tables, Computer	Science	Science	Hindi		
01-10-19	9 am to 12noon	Music/ PE/ A& C	Comp/Mu sic/PE/ A&C	Comp /Music/ PE/A&C	Comp/Mu sic/PE/ A&C		

Unit Test Max. Marks : 25

Dates/Grades	Timing	I & II	III & IV	V & VI	VII & VIII	IX	X
25-11-19	9: 15 am to 10: 45am	EVS	English	Science	Kannada	SST	Math
25-11-19	11:30 am to 1:00 pm	Kannada	Math	English	Math	Math	SST
26-11-19	9: 15 am to 10: 45am	Math	Science	Hindi	English	English	Science
26-11-19	11:30 am to 1:00 pm	Hindi	Kannada	Math	Science	Kan Hindi /	Kan / Hindi
27-11-19	9: 15 am to 10: 45am	English	Hindi	SST	Hindi	Science	English
27-11-19	11:30 am to 1:00 pm	Dic/Tables	SST	Kannada	SST	--	--

